

gambling help line

1800 858 858

Free call
confidential, 24 hours

Queensland Gambling Help Services

Please note the services listed below only operate during business hours

Gambling Help Brisbane – (07) 3423 6950
Relationships Australia

Gambling Help Logan – (07) 3808 9235
Relationships Australia

Gambling Help Gold Coast – (07) 5575 6122
Relationships Australia

Gambling Help Ipswich – (07) 3281 8677
Relationships Australia

**Gambling Help Toowoomba &
South West – (07) 4632 2615**
Lifeline Darling Downs & South West Qld

**Gambling Help Caboolture &
Redcliffe Peninsula – (07) 5428 6244**
Alcohol & Drug Foundation (Interlock)

Gambling Help Sunshine Coast – (07) 5492 7255
Relationships Australia

Gambling Help Wide Bay & Burnett – (07) 4191 3100
Lifeline Community Care – Fraser District

Gambling Help Longreach – (07) 4658 1855
Relationships Australia

Gambling Help Bundaberg – (07) 4153 8400
Lifeline Community Care – Fraser District

**Gambling Help Rockhampton &
Central Queensland – (07) 4926 9377**
Relationships Australia

**Gambling Help Mackay &
Whitsunday – (07) 4957 4542**
Relationships Australia

**Gambling Help Townsville –
(07) 4772 9000**
Centacare Townsville

Gambling Help Cairns – (07) 4050 4955
Lifeline Cairns Region

Gambling Help Mt Isa – (07) 4743 4449
Centacare Townsville

**Moonyah Rehabilitation Service –
(07) 3369 0922**
Salvation Army

Don't forget there are other community services available:
Gamblers Anonymous (24 Hours) 1800 002 210, and
Lifeline (24 hours) 13 11 14